

[Hinohara Village]

Hinohara Village stands as the only village in Tokyo, a mere 1.5-hour train journey from central Tokyo (excluding remote islands). Encompassing an area of 105.41 square kilometers, the village is encircled by steep mountain ridges, with an impressive 93% of its total area covered in flourishing forests. Characterized by minimal flat land and an exceptionally low population density, the land serves as a bountiful source of healing, offering abundant nature, diverse plants, and a variety of animals.