

Function	Example
Moisture Retention	Fresh Green Salad, Breads, Roasted Chicken/Beef
Inhibition of Starch Retrogradation	Rice, Rice Cakes, Breads, Pasta
Inhibition of Protein Denaturation	Scrambled Eggs, Roasted Chicken/Beef, Sausage, Cheese Souffle Cake, Crème Brûlée
Retention of Natural Color of Vegetable and Fruits	Fresh Green Salad, Guacamole, Boiled Vegetables, Fruit Chips, Cut Fruit and Vegetable
Reduction of Freeze-Thaw Damage	Pasta, Fried Chicken, Meat Patties, White Sauce